



Recreation: September 2021

Description



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North Avondale Recreation Center
617 Clinton Springs Ave.
513.961.1584

- **Hours:** open **Monday thru Friday 9 am to 8 pm**
 - **Weight Room** is by **reservations**
- Masks must be worn unless you are vaccinated and your temperature must be taken upon arrival.
- **Senior Fitness** Starts Monday, September 13 at 10:45 to 11:15 \$2 per class plus membership
- **Senior Knitting & Social Group** Starts Monday, September 13 at 12:00 to 1:30 membership required
- Soccer FC Cincinnati Foundation opened mini pitch for kids on July 19!







- **Soccer Unites partnership with FCC:** 6 to 8 week program; games Thursday Afternoons at the new mini pitch; teaches basic soccer skills and character building; Fall and Spring Sessions
- **Adult Fall Volleyball:** For registration go to cincyrec.org
- **Adult Fall Kickball** at Oakley ballfields on Tuesdays



Cincinnati Recreation Commission

ESPORTS **MADDEN** **LEAGUE**

PS4

Games will be played at
North Avondale Recreation Center
617 Clinton Springs Ave, Cincinnati, OH 45229

For ages 13-17
League begins 9/11 and will end 10/23
Fee: \$10 + membership

League will use PS4 game system and we recommend
bringing your own controller

For more information or to register for
event, please use the QR code here!




Congratulations to all students that attended Summer classes and were promoted to their next belts at NARC. The students performances were amazing after working hard to achieve their goals! NARC Dojo was home to students at HPS and Sands Montessori while their school dojo's were closed due to COVID19. 7 Star Dragons Karate appreciates North Avondale Recreation Center's staff and CRC for the opportunity to serve these youth.

Registration is open for new students at North

Avondale Recreation Center. Classes are continuous and registration, and program information is at:

<http://7stardragonskarate.com/index.php/north-avondale-recreation-center-dojo/>

Sensei Terrell Davis



North Avondale CRC
Home Dojo of 7 Star
Dragons
TEAM of CHAMPIONS
Sign up @ 7stardragonskarate.com
Youth * Teens * Adults * Seniors
Master Terrell Davis, Chief Instructor
Tuesday & Thursdays Group Classes



7stardragonskarate.com

Tim Johnson, Service Area Coordinator

Hirsch Recreation Center
3620 Reading Road
513.751.3393

- **Hours:** 10am to 8pm Monday thru Friday
- **After School** 2:30-6:00pm – Cost: \$62.50/child – accept vouchers for children
- **Spinning classes:** Mon. & Wed., 6:15 – 7:00 pm. It is necessary to sign up before class. To register call 751.3393 or go to the front desk.
- **Yoga:** Tuesday 6:00pm – call to reserve space.
- **Senior Program:** arts & crafts, journaling, walking club, essential oils – calendar available at

center

- [Gym Schedule](#) and a [Program Schedule](#).

Blake Williams, Service Area Coordinator

Date Created

September 1, 2021

Author

northavondale

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